The Region's Top Cardiac Experts say — Lincoln Hospital FIRST!

When minutes matter...

In a cardiac emergency, time is an unforgiving foe. Because we live in a rural area, we're already racing the clock.

Wasted time means heart muscle lost. That's why Lincoln Hospital has partnered with MedStar and Sacred Heart Medical Center to give rural patients the best chance to not only survive, but to thrive!

With our **Level One Cardiac Care** protocol, Lincoln Hospital is prepared to quickly assess the needs, deliver the appropriate medications and transport heart attack patients to Sacred Heart Medical Center.
One call activates the sequence.

COMBINING OUR EFFORTS TO BRING OUR PATIENTS THE BEST CARDIAC CARE!

First Stop: Lincoln Hospital

Fast diagnosis and stabilization are key to surviving a cardiac emergency. Not only do we have a state-of-the-art Bi-Phasic Cardiac Defibrillator standing by, our highly trained medical team, lead by Board Certified Physicians, will work to have you on the road to stabilization within minutes.

Our goal is for all patients to receive aspirin therapy and a diagnostic EKG done within 10 minutes of their arrival. If diagnostics show an impending heart attack, we call on our partners at MedStar and Sacred Heart Medical Center's Cardiac Cath Lab to make you their top priority. By coming to Lincoln first, you guarantee your reservation with our excellent partners in Spokane!

Top Flight Transportation...

As soon as your EKG is diagnosed, MedStar crews are called into action. Through our cutting edge Tele-ER system, the medical teams at MedStar and Sacred Heart can be in video and voice contact with our ER physicians, and YOU, to communicate any special needs to expedite your transport and treatment.

Reservations Please...

Because you chose Lincoln Hospital as your first stop, the following procedures are activated by us and our partners at Sacred Heart Medical Center.

As you are being transported, physicians and nurses in the Cardiac Cath Lab are converging to consult with doctors at Lincoln Hospital on your condition and examine your EKG. Everyone's goal is for their team and equipment to be in place for immediate treatment when you arrive — no waiting!

You're now in the hands of the region's top cardiac team. Think about it — you've been in highly skilled, caring hands since you entered Lincoln Hospital minutes ago.

"During a heart attack we say 'time is muscle,' so rapid diagnosis and treatment require a highly coordinated approach with all the various entities involved."

-Stephen Thew, MD
Heart Clinics Northwest & visiting cardiologist to the Davenport Clinic.

The more lives we save with Level One Cardiac Care, the fewer hearts will be broken...

Heart Attack Warning Signs

Although some heart attacks come on quickly, the majority begin slowly with mild pain or discomfort and build.

- **Chest discomfort** that lasts more than a few minutes, goes away and comes back. Uncomfortable pressure, squeezing, fullness, indigestion or pain.
- **Atypical discomfort or pain** in one or both arms, the back or stomach.
- **Shortness of breath** with or without chest pain.
- **Cold sweats, lightheadedness or nausea.**

#1 Heart Attack symptom in both men and women...

Chest pain or discomfort, but women are more likely to experience shortness of breath, nausea and back and jaw pain than men.

CARDIAC SPECIALIST AVAILABLE LOCALLY

Cardiologist Stephen Thew, MD, of Heart Clinics Northwest sees patients weekly at the Davenport Clinic.
To schedule a visit, please call his office at 509.838.7711 and ask for an appointment in Davenport.

Sacred Heart Medical Center & Children's Hospital

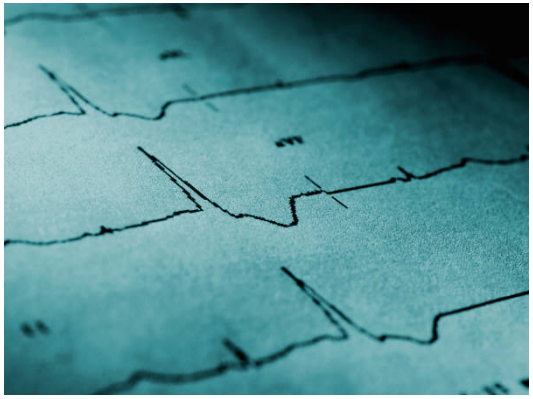
Northwest MedStar
Critical Care Transport Service

Lincoln Hospital Dist. 3
Neighbors for Life

www.lincolnhospital.org

Heart Attack Survival

How Lincoln Hospital & Sacred Heart Medical Center are teaming up to save lives in Lincoln County...



509.725.7101